

Red Pine Times

Summer 2012

www.redpinecamp.org



Welcome to summer 2012 at Red Pine Camp, Canada's oldest and most established family camp. Those of you who are new to Red Pine will experience the magic of the tall pines, beauty of Golden Lake, dynamic programs, energetic staff and plentiful meals. In doing so, you will discover why hundreds of Red Piners return year after year to share Golden Lake memories and rekindle summer friendships. As new campers, you can be identified by your green-tinted name badge, which will help everyone quickly make you feel at home. The vast majority of Red Piners are returning, or "old", campers. In fact, many Red Pine families have been coming to camp for generations.

Campers will be keen to check out the many improvements to facilities this year. They include: a diesel-powered generator which will enable us to run critical elements of camp in the event of a power

failure; six new Senior Staff cabins; new roofs on the green "flushies" washrooms; repair of the supporting structures for Cabins 31 and 32; new sailboat, canoe and stand up paddleboard for the waterfront; two new runner dock sections; new salad bars in the dining hall; new permanent element for the ropes course; new ping pong tables and enhancements to the lighting outside of the Tuck Shop; and new bench-style seating in the Shore Strip Council Ring.



Photo courtesy of Carl Poirier

Once again this year, Red Pine has hired a first-rate staff, under the leadership of camp Coordinators Lorraine Holt and Julie Dickson. Please feel free to ask any staff member for help or directions.

"Here's to dear old Golden Lake, shout until the rafters ring!"

LITs Give Back - Dee Clift

This year our LITs will be working together on a very special project for a local Ottawa charity, *Ecoequitable*, which recycles fabrics while changing lives of local disadvantaged workers by providing them with temporary employment.

What is Ecoequitable? Using over 4500 tonnes of fabric that normally ends up in our landfill on a yearly basis, *Ecoequitable* teaches new immigrants to sew clothing, make alterations and learn financial literacy so they can offer reasonably priced repair and alterations services to the public.

How will our LITs help? LITs will be decorating brown paper shopping bags which new immigrants will use when they sell their fabrics and services to the public. LITs will be asked to decorate the shopping bags using a "What Canada Means to Me" theme which will provide these newcomers a wonderful introduction to our country!

So if you are interested in finding out more about this charity or just wondering how creative our LITs can be – stop by during the LIT craft hour on Sundays from 4:30 p.m. to 5:30 p.m.. Samples of the LIT paper shopping bag artworks will be on display in the LIT room as well as in the Hearth House.

Introducing your 2012 Senior Staff

Co-Coordinator: **Lorraine Holt**
 Co-Coordinator: **Julie Dickson**
 Head Dining Hall: **Jenna Froggett**
 Crafts / Dining Hall: **Michael Neumann**
 Dishwashing/Dining Hall: **Evan Seccombe**
 Head of Property: **Erik Menna**
 Office Assistant: **Emily Kuske**
 Family Program: **Christy Irick**
 Junior Program Director: **Erica Jackson**
 Asst. JP / Tuck: **Brittany Groom**
 Tuck Shop Manager: **Riley Cavanagh**
 LIT Director: **Sarah Allan-Wiseman**
 Waterfront (H20):
Nicol McNiven (Guarding/Swim);
Gordie Best (Guarding/Waterskiing);
Nick Scrivens (Guarding/Sailing)

Full-time staff: Barbara Fisher (Business Manager); Rick Zieman (Custodian); Tom Sauer (Asst. Custodian)

Operating Committee: Cheryl Edwards (chair), Sylvia Boggild, Dee Clift, Mike Lachance, Barbara Lukas, Blair Menna, Bob Orchard.



Check us out on Facebook!
 Keep in touch with Red Pine
 all year long by liking our
 Facebook page.

Please, wear your badge

A long standing tradition at Red Pine is to wear a name badge. These badges are carefully crafted and help all campers get to know one another. They also help ensure camp security. We'd be grateful if you would continue this great tradition and wear your badge. In the event a badge is lost, please let the office know and you will have one replaced right away.

Dining Hall News – *Bob Orchard*

We are pleased to welcome back Head Chef, Mike Poels, from GB Catering. Mike will once again be providing his leadership in the kitchen with the best camp meals anywhere. We would also like to extend our thanks to Mike for providing awesome meals during the two work weekends in June.

Over the winter we purchased a couple of 'almost new' salad bars and hope they prove to be a great addition to the dining hall.

We've also begun the process of replacing some of the well-worn tables with new ones (designed by Mike Lachance and built by Mike and the work weekend wizards).

Finally, we are extremely pleased to have both Jenna Frogget and Michael Neumann back for a second year in the Dining Hall. With the help of our new Head of Dishwashing, Evan Seccombe, this senior staff team will undoubtedly repeat last year's great dining hall experience. Their well-trained wait staff, with the new Irish green T-shirts, is ready to serve you with flair and passion, providing a dining hall experience other camps can only dream about.

Care for our Camp: Camp Equipment/Facilities - Please help us ensure that our camp equipment and facilities are respected and kept in good order. We have a limited budget to spend on new sports equipment and need it to last the entire summer. We all need to work together to ensure that the camp is well looked after.

Craft Corner: Leathercrafts, Feathers, Jewelry, yoga-inspired items, Painting of all sorts, and more! – *Barbara Lukas*

Come on over to the newly painted Hearth House and check out this year's crafts.

Once again, our volunteers have been busy gathering, creating and experimenting with new ideas. As a result, we have some great new crafts available for you - including feather jewelry and fascinators, knitted socks for babies, canvas yoga mat bags, yarn bombing, painting on all sizes of canvasses, water colour paper, and rocks large and small. Our ever popular leathercrafts have some new items to try as well as the timeless items which have always been available. The wooden Christmas ornaments are back in two shapes: a general cabin, and the JP Hut.

Our prices range from "free" to "reasonable" and promise to bring you as few or as many hours of enjoyment as you like.

There will be some changes in timing this year offering longer hours to adults and more dedicated parent and child crafts some afternoons. Please check the notice at the Hearth House for the hours pertaining to your week.

Tuck Shop News – *Bob Orchard*

The Tuck Shop is always a favourite place to hang out. Grab an early morning coffee before breakfast, purchase camp clothing and other goodies, or socialize on the front porch playing a game of cards or discussing and solving the world's problems. We've purchased a few more chairs, replaced some of the worn tables and we've enhanced the lighting on the porch.

Perhaps the biggest change you'll notice this summer is the new scanner at the cash. This should mean less time lining up to pay, but we wouldn't want it to be too fast and miss another great opportunity to socialize at RPC.

We ask all campers to close their tuck accounts when leaving camp. If you wish to leave any balance in your account for staff gratuities, we would greatly appreciate it if you could close your Tuck account and place any staff gratuities in one of the boxes located in the Tuck Shop the Office.

Have a question? Need Help?
Please ask any of the Tuck Shop staff. They'll be delighted to assist.



or

Photo courtesy of Carl Poirier

What's SUP on the Waterfront – *Blair Menna*

Stand Up Paddling, also known as SUP or paddle boarding, started in the 1950's in Hawaii. The surf in Waikiki beach is relatively small and it is a great place to learn the traditional form of surfing (known as prone surfing). Instructors in Waikiki Beach started stand up paddling because it allowed them to better see their students, and they could also take photos.

The sport has become very popular in recent years, and many consider SUP to be the fastest growing watersport in the world. From hardcore athletes to inexperienced couch potatoes, SUP is a sport which can benefit all types of lifestyles. There are now many variations of SUP, including whitewater, touring and the more traditional surfing. Even SUP yoga is starting to take root.

This summer, RPC has a new SUP board. It is wide and stable, which is great for first time paddlers to get the feel for SUP and enjoy Golden Lake from a different perspective. Because you stand on the board, you have a much broader field of view looking down into the lake - this means that you get to see more underwater wildlife and natural and man-made features. If you are interested in something new on the Waterfront, check with the staff.



JP is the Place to be

– Sylvia Boggild

Camp Skills Investigators (CSI) – Ages 10-12:

Come to CSI and learn skills that you can use at RPC. Try a

couple of new craft activities and finish the week making a leather bracelet to commemorate all that you have learned. The new, expanded Amazing Race will test the skills you have learned throughout the week when you have to use them to complete the race's tasks.

Eager Beavers and Wolverines: Campers aged 7 -10 will be able to sign-up for their choice of activities. Learn how to make lip balm or scary soaps in Mad Science, try painting a back-pack or felting your own Angry Bird, or play some of your favourite sports.

Be Amazed by the Night Sky: See the beautiful stars appear closer than ever before in JP's new evening program. One evening our JP campers can come and look at the constellations through RPC's new table-top telescopes. Once it is dark enough, the field will become the place to marvel at the cosmos. Adult campers may sign-out a telescope from the office, on other days.

The Ropes Course: The ropes course has a new element for the CSI and 7-10 year old groups that use the course. The Fidget Ladder may take you several tries to master. Are you up to the challenge?

Prop at the ready: If there's something in your cabin in need of repair, or if you'd like a bunk board or a new light bulb, please visit the Prop Shop adjacent to the dining hall. One of the orange-shirted staff members will be happy to help you.

The “Ringing Red Pines”

According to legend, the ‘Ringing Red Pines’ of Red Pine Camp on Golden Lake in Ontario are very old, very special trees that over their lifetimes have accumulated so much energy that they started emitting a vibrating ring tone. It is believed that simply being in close proximity to these trees or having pieces of their wood hanging about your neck can produce beneficial effects on health and wellbeing.

Those who wear a small wooden Ringing Red Pine medallion as a pendant evoke feelings of goodwill in themselves and others. They gain talent, creativity, aptitude, positivity and luck. People who wear these pendants notice an increase in both their mental acuity and physical abilities. The medallions also help to overcome illnesses by accumulating positive energy over time and then giving it back to you whenever you most need it.

The pendant is made from branches of mature Red Pines. No damage is ever done to these trees as the medallions are made mainly from fallen branches. When worn, the medallion should touch the skin—the side which touches your skin should never be painted or covered with a sealant—it should remain in its natural state so that the oils and smells of Ringing Red Pines may reach the skin and the nostrils. All-natural leather, cotton or hemp cord should run width-wise across the top of the medallion and around the neck. You may create wonderful folk art on the outer side of your medallion– children and adults can tell their stories by wearing multiple medallions!

These medallions will be offered in the Junior Program and at Crafts for Adults.

[This legend is inspired by the Russian fable —the Ringing Cedars of Siberia. These Medallions and their legend were introduced to Red Pine Camp in the by Bruce and Rachel Firestone and their family, long-term Week 6 campers.]

Week at a Glance (some events weather-dependent)

Saturday: Check-in at the office; **dinner at 6 p.m.**; **new campers' tour** after dinner (leaving from the front porch of the dining hall); **registration** for the week's activities in the Rec. Hall, **tournament sign-up (6:30-7:30p.m.)**; **opening campfire at 8 p.m.**

Sunday: **Tournament sign-up** before breakfast; **breakfast 8:30 a.m.**; non-denominational **service** in the *Chapel in the Pines* after breakfast; **junior program (JP)** begins at 9:15 and runs until 10:45 a.m.; **Craft Open House** at the Hearth House after chapel until **noon**; **swimming lessons** begin at 11 a.m. (immediately after JP) and, today only, children meet their instructors at the front of the dining hall; **lunch** is at **1 p.m.**; afternoon and evening programs will be announced.

Monday: **Fishing Derby** 7:00 a.m.; **breakfast 8:30 a.m.**; **JP** begins at 9:15 and runs until 10:45 a.m.; **adult craft time** at the Hearth House begin at **9:30 a.m.**; **swimming lessons** begin at the dock at **11 a.m.**; **lunch** is at 1 p.m.; **camper vs. staff basketball** game runs from 3:30 to 4:30 p.m. on the basketball court (no signup required); Free **JP Craft** at JP Hut 4:00 p.m.; **LIT overnight** leaves camp at 5 p.m.; **dinner at 6 p.m.**; evening program to be announced in the dining hall.

Tuesday: Breakfast 8:30 a.m.; JP 9:15 to 10:45 a.m.; **adult crafts begin** at 9:30a.m.; **swimming lessons** 11a.m.; lunch 1 p.m.; **Regatta at the waterfront** from 2:30 - 4 p.m.; **buffet dinner** begins in the dining hall at 5:30 and runs until 7p.m.; **Folklore night – face painting at 7:30 p.m.** at JP Hut and Folklore program in the main council ring at **8 p.m.**

Wednesday: **Golfers** leave before breakfast; **breakfast** at 8:30; **JP** 9:15 to 10:45; **adult crafts** begin at 9:30 a.m.; **swimming lessons** at 11 a.m.; **lunch** at 1 p.m.; **triathlon 2:30-3:30 p.m.**; **dinner** at 6 p.m.; evening **family program** to be announced.

Thursday: Breakfast at 8:30 a.m.; **JP** 9:15 to 10:45 a.m.; adult crafts begin at 9:30 a.m.; swimming lessons at 11 a.m.; family crafts 11:30 to 12:30; Lunch at 1 p.m.; **sailing race** at 2:30 p.m.; **outdoor barbecue** dinner 5:30 - 7 p.m.; **Campers' Show** at 8 p.m. in the Rec. Hall.

Friday: **Breakfast** at 8:30; **JP** 9:15 to 10:45; adult crafts begin at 9:30 a.m. (craft time is dedicated to finishing off crafts started during the week); **swimming lessons** at 11 a.m.; lunch at 1 p.m.; **banquet dinner** (wear white, if possible) at 6 p.m., followed by speeches, JP and a **hayride** for the kids; finals of the **paddle tennis** tournaments played after dinner; **dance in the dining hall** begins at 8 p.m.

Saturday: Breakfast at 8:30 a.m.; **camp sweep** immediately after breakfast; junior program at 9:15 to 11 a.m.; **campers who are going home must be out of their cabins by 11 a.m.** for cleaning; **lunch 12:30 p.m.**

Listen to announcements after meals for more information on times and programming.

Check the Hearth House and listen to morning announcement for information and times for Parent & Child Crafts. (Children must be accompanied by an adult during their craft time. LITs are welcome to craft during the adult sessions and need to wear their LIT shirts identifying themselves as such)